Abide With Me	40%	45%	50%	55%	60%	65%	70%	75%	80%	85%	90%	95%	100%	105%	110%
A – RH	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
A – LH	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
A – Both	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
B – RH	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
B – LH	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
B – Both	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
C – RH	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
C – LH	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
C – Both	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
D – RH	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
D – LH	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92
D – Both	34	38	42	46	50	55	59	63	67	71	76	80	84	88	92

	M 30-Jul	T 31-Jul	W 1-Aug	H 2-Aug	F 3-Aug	S 4-Aug
Piece 1	Time:	Time:	Time:	Time:	Time:	Time:
Piece 2	Time:	Time:	Time:	Time:	Time:	Time:
Piece 3	Time:	Time:	Time:	Time:	Time:	Time:
Piece 4	Time:	Time:	Time:	Time:	Time:	Time:
Piece 5	Time:	Time:	Time:	Time:	Time:	Time:
Piece 6	Time:	Time:	Time:	Time:	Time:	Time: